







MACA's Functions

Improve Alertness, Fights Fatigue, Reduced Stress, Emotional Balancing, Control Over Anxiety And Nerves, Strengthens Internal Energy, Improves Potency And Fertility, Soothes Asthma Symptoms, Treatment For Arthritis Rheumatism, Regulates Symptoms Of Menopause, Endocrine Function Control, Anti – Tumor, Treatment For Anemia

OLIGO's Functions

Oligo is rich with water soluble fiber which acts as nutrients for the good L – Bifidus bacteria. Oligo enhances the growth of the beneficial L – Bifidus bacteria within our intestinal systems and hinders the growth of dangerous bacteria in our intestines. This will enhance the stomach and intestinal systems for optimal nutrient and mineral absorption, (especially Calcium and Magnesium) while enhancing the intestines' toxin cleansing functions. Oligo also activates the bodies' cellular growth, anti aging – slowing down the aging process, enhances the immunization system, anti – cancer, prevention and a treatment for diabetes, protects and cleanses the body's internal system, reduces blood cholesterol, balances fatty acids and blood sugar levels, improves the body's pH levels, activates the immunization system, blood cleansing, prevents constipation and piles, fights fatigue. Oligo is low calorie, does not increase internal body heat and enhances the intestinal digestive and bowel systems.

Better Health, Better Life ...

6 Star Quality, Best Price.

MACA
The Healthy Food
that captured the
world's attention
– Also is the
world's top ten best
selling food nutrition

Maca known as the Peruvian Ginseng (also known as maka, maca - maca, maino, ayak chichira, ayak willke ... etc) originating from the mountainous regions South America is found at the altitude of 3500 - 4500 meters above sea level. The world's main source of Maca is from the Maca farms grown in the unique mountainous ecology, south east of the town of Puno in Peru. Maca is a Cruciferous plant which resembles Lepidiummeyenii plants which has oversized roots like turnips. The source of our Maca is source from Central Peru (Jining) 14,000 feet above sea level in Andes Plateau Mountain ranges, Peru is extremely cold and windy environment. Such extreme inhospitable environment is unsuitable for most of the plants growth, which makes Maca the main source of food nutrition for the natives of this mountainous region. The Maca roots could be consumed when cooked together with meat or other vegetables; it could also be dried and mixed as a drink together with water or milk. The local native grinds the raw Maca roots into a powder mix and mixes it as a drink with honey and fruits. Maca can increase energy levels, reduces anxiety and strengthens potency.

Of late, articles regarding Maca can be frequently found in the internet and foreign magazines evident of its popularity and acceptance. Especially in the 80s when the FAO of Peru proposes that the whole country extends the cultivation of Maca.



MACA Nutrional / Vitamin Content

Maca is a natural and safe food supplement. It's rich with high nutritional values. Fresh Maca contains: 10.4% water, 10.2% protein, 2.2% fat, 59% carbohydrate, 8.5% fiber, 4.9% chalklts protein contains various amino acids required by the body. Maca is also rich with Glucosinolates, Potassium, Calcium, and Iron. Maca contains the unique active ingredient Maceaene which effectively stimulates the Sex Gland and increase the Sexual Appetite, while Fructose stimulates Sperm production and other amino increase blood flow. Maca enables both men and women to achieve satisfying sexual relationships.



Medicinal Use

Maca has long been used in South America since 5800 years ago. It was used traditionally to strengthen the body, increase fertility and improve sexual appetite, reduce anxiety and stress and combat anemia.

(Semen Lepidii, Lepidium Apetalum Wild) used in China to treat inflamed lungs, nerves and liver problems. Maca has the same functions and its own medicinal properties. Various active ingredients stimulate sex hormone secretion like Testosterone. Estrogen and Progesterone for sexual energy and combats Osteoporosis and Prostate disease. It is extremely beneficial to men who start to age from 30, since hormone secretion slows down and imbalance happens resulting in health problems especially reduced sexual appetites. Besides they will experience symptoms like fatigue, backaches, muscular pains, poor memory, attention deficiency and hair loss.

Improved Energy

An experiment was conducted; recording the duration 2 groups of mice cloud swim continuously. The group of mice which consumed Maca could swim at an average 1463 seconds while the control mice group without Maca could only swim for 886

seconds. The mice were then put in heated water and the air intake was measured to measure the body temperature normalization of the mice. The Maca mice temperature was 86°C and the control group was 98°C while the normal temperature should have been? This evidently shows that the Maca nutrients could provide energy and fights fatigue. It is highly likely due to Maca's ability to regulate the body's gland and hormonal secretions.



Stress Reduction

4 electrical stress tests were conducted on 2 groups of mice in the duration of 12 hours. Electrical stress levels on the group of mice which consumed Maca were 19-21-22-19, while the control group (mice without Maca) achieved a stress level of 28-37-37-32-24. After 24 hours, the stress level for the mice with Maca reached 0 while the control group was 13.

Improved Potency

Experimental reports show that male mice which consumed Maca, was more active and took a shorter time interval to re – engage in sexual intercourse after ejaculation compared to the mice without Maca (control group). The frequency of sexual intercourse also evidently increased. After consuming Maca, male sexual potency clearly improves, the level of active sperm doubles and the sperm count increases by 10 times. Maca naturally stimulates enhanced penile erection. During

the mornings, penile erection conditions would be similar to that of an adolescent or young adult. Maca is able to restore your sexual physiology to the levels of a 25 year old male. University Kayetanuo of Peru conducted an experiment involving 60 elderly male senior citizens. After 12 weeks, the group of elderly seniors who consumed Maca experienced an increase in sexual appetite by 180% – 240%, while their sperm count and activeness level doubled. After consuming Maca, these elderly seniors were experienced sexual appetite and were filled with enthusiasm for sex.

Maca Oligo Functions



For Men

- Prevents prostrate disorders e.g.: Frequent urination, night urination
- Helps reduce male disorders and stimulates the hormone testosterone
- Improve sperm amount and activeness
- Strengthens muscle tissues and improves energy level

For Women

- Helps reduce menopausal disorders and symptoms e.g.: hot flushes, heavy perspiration, emotional imbalance, aging, osteoporosis ...etc
- Helps regulate irregular menstruation, pre menstruation symptoms and other female disorder
- O+ Improves female fertility

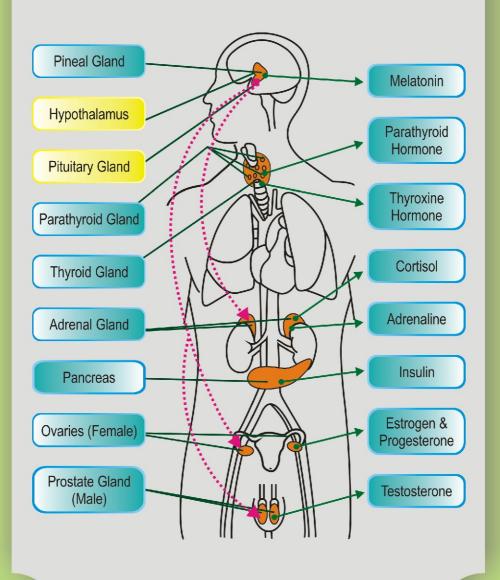
News Paper Excerpt 28 Feb 2004 < Mei Ri News > Tian Jin – Health Today

Men have always struggled at their career to provide for their family's lifestyle and attain personal goals. Since ages Men's role has been the family provider. Consequently Men tend to neglect their personal health resulting in them being susceptible to health problems. The Male's body condition starts to deteriorate from the age of 30, while their metabolism system reduces 2% every 10 years. This is the main cause Men experience health problems like reduced sexual appetites and sexual impotency. Additionally they experience symptoms like exhaustion, back and muscular pains, memory loss, attention deficit and hair loss. As a man, loss of sexual appetite and sexual impotency is no longer a personal problem but the symptoms resulting from the body's hormone deficiency and imbalance. Hormonal secretion disorder and imbalance can cause various problems in the bodily functions.

A great number of men, who face male sexual functional disorders, have strenuously researched effective ways to increase sexual stamina and prolong the duration of penile erection during sexual intercourse. Therefore we proudly present Maca which is effectively fulfills their dreams of becoming a real masculine sexual marathon man!

Consume Maca continuously as a rejuvenating treatment process for a period of 20 days. The first 5-10 days you will experience the body's process of adaptation, 10-20 days you will experience the process of restoration, 20-40 days you will experience the process of rejuvenation, after 40-60 days you will reach your body's stage of perfection. In summary Maca completely stimulates the male's sexual energies, you will enjoy the pleasures of a man at the peak of his sexual potency.

Hormones & Endocrine System



Practical Observations

Observations were conducted on the effects of Maca consumption over a period of 30 to 60 days, from 1680 cases of fatigue, a successful re–energisation rate of 92.2% was achieved; from 340 cases of menstrual instability, menstrual stabilization rate was 88.7% successful; from 1120 cases of reduced sexual appetite, effective rejuvenation was 94.6% successful; from 660 cases of sexual impotency, good results were seen with 75.6% successful. Currently extensive experiments are being conducted on Maca world wide.

| | | 7 | | |
|-----|--------------------------------------|------------------|----------|-------------------|
| | Disorders Before Maca Consumption | No. Of People | Duration | Effective Rate |
|) + | Fatigue, No Energy | 1680 | 30 days | 92.2% |
| | Stress | 230 | 30 days | 69.9% |
| | Infertility | 300 | 60 days | 66.7% |
| | Menstrual Instability | 620 | 30 days | 88.7% |
| | Female Menopause | 340 | 30 days | 73.5% |
| | Loss Of Sexual Appetite | 1120 | 30 days | 92.2% |
| | Low Sperm Amount | 300 | 60 days | 60.0% |
| | Erectile Dysfunction | 470 | 60 days | 69.4% |
| | Premature Ejaculation | 310 | 30 days | 77.4% |
| | Low Internal Energy | 660 | 60 days | 75.6% |
| 7 | High Blood Pressure | 740 | 60 days | 70.3% |
| | Diabetes | 210 | 60 days | 57.1% |
| | Rheumatism | 310 | 60 days | 82.0% |
| | Feverish Bronchiole | 130 | 60 days | 84.6% |
| | Arthritis | 160 | 60 days | 62.5% |
| | Anemia | 440 | 60 days | 86.4% |
| | Constipation | 230 | 30 days | 62.2% |
| | | | | |

What is the difference between Maca & convention medication in the strengthen the kidney?

Taking medication is only temporarily effective and not permanent. While Maca stimulates the natural internal secretion process of the body, balances mature hormone, increases sperm amount and sperm activeness, maintaining sexual appetite, so rejuvenating and energizing.



Today's Troubled Society

According to a survey report, various stress elements like workload and social pressures has caused a drop of sperm count by 30%, reduced by 40% sperm activeness comparison to life in the 70s. The problem of loss of sexual appetite has become an important issue affecting family happiness. A huge number of men, who experience sexual disorders. male have strenuously researched effective ways to meet their dreams of being men with strong sexual stamina.

Research shown:

Maceaene a unique active ingredient within Maca effectively stimulates Sex Gland secretion and increases Sexual Appetite. While rich Amino Acids activate nerves triggering sexual emotions. The Fructose activates sperm production increasing sperm activeness and other amino increases blood flow. Maca enables both men and women achieve satisfying sexual more intercourse. Maca does not contain any stimulant in itself but functions by activating the natural endocrine internal secretion process of the body. Maca is different from other products which contain stimulants



Internal Hormone Secretion Control: In the search for perfect sex in this 21st century, only the body's natural internal secretion process ensures that we always remain healthy and young. The World Health organization (WHO) states that healthy sex should begin from within and gradually for the body's natural hormone secretion process.



Research Shown:

The Brain is The Main Organ Influencing Sex

Scientific research found that beneath the central zone of the brain is the Pineal Gland which controls the secretion of various hormone including sexual hormone. Good control over the hormone secretion functions will effectively resolve sexual problems. Therefore the Pineal Gland is the key to the holistic health of our body.

The Ray of Hope

Maca is able to stimulate and control the hormone secretion and ensures healthy hormone within the body.

Research by Universities from 89 countries and 132 thesis's conclude that with the functions found in Maca, a great and shocking discovery was found.

Within a short 2 years, Maca has been successfully marketed extensively worldwide. In 2003, Maca sales reached USD 400 million and it continuous to be one of the best selling health products in the world.

How Does Maca Improve internal energy ?

The main function of Maca:

Glucosinolates found in Maca function as a control agent for balanced hormone secretion and elements like amino acid acts as nutrients to the testes, ovaries and the other sex glands. Maca has 3 functions: combats fatigue, improves the immune system and sexual potency. So Maca effectively prevents and treats symptoms of climatic and internal energy disorders of both males and females.

Maca Does Not Contain Chemicals Like Viagra

Maca does not contain any heavy minerals which harm the body, no chemical content or synthetic steroids. It will not harm or stress the kidney and liver.

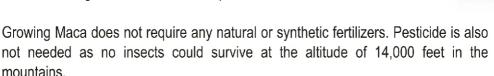
According to Professor Yu Long Jiang of China (the first person in China who extensively researched Maca) for centuries the natives of the Andes Plateau Mountain.

Range in Peru have been using Maca as a health food without any negative side effects thus far.

Professor Yu Long Jiang's research states that many consider Maca as a sexual medicine due to its function which effectively increases the Internal Energy. Actually Maca not only increases the Internal Energy but has a wider function which combats various unavoidable aging problems. Maca activates to various natural organ functions which supply the hormones required by our bodies. It also enables our body to absorb vitamins and nutrients efficiently from our daily diet.

Is MACA a Natural Plant?

Maca is the root of a plant which grows 14,000 feet abovethe sea level in the Andes Plateau Mountain ranges in Peru. Maca is a hardy plant with strong immunity enabling it to survive in the extremely hostile environment of freezing weather, strong winds and thin atmosphere.



Every production of 400mg packet of Maca roots goes through tight quality control which ensures safety. All experiments and analysis have proven that Maca does not contain any chemical or elements which can harm the body. Therefore Maca is a natural food supplement which is guaranteed for safe consumption.

Why Maca is known as the "Natural Hormone Generator"?

The main mechanism within Maca is the control and the balancing of the endocrine system to combat fatigue; improve the immunization system and internal energy. Maca effectively prevents the symptoms which will emerge for men after 40 like frequent feeling exhausted and without energy, weakening immunization system and sexual appetite loss. While the aging symptoms of males are not as evident as females, we are reminded "Prevention is better than cure "when signs of old age hits. Health experts also suggest that consuming Maca as a daily food supplement will increase the nutrients required by our body and controls the endocrine system for perfect health.

EXPERTS' TESTIMONIALS ON MACA

Professor Xiao Pei Gen (Domestic expert on herbal medicines)

Maca is a health food which functions well. Initial research shows Maca is suitably used as treatment to improve holistic health. Maca has a bright future as treatment to improve the internal energy and the hormone secretion system.

Excerpt: The Maca – Health Food book which has captured the worlds' attention, foreign medication Para. 8226; 2001, 6th edition

Doctor Gloria Chacon (International expert on Maca medical research)

Animal experiments on the use of Maca showed very good results in combating fatigue and stress relief. Separated active ingredient in Maca could function as a regulator of the endocrine system.

Excerpt: Estudio fitoquimico de Lepidium meyenii Walp [Thesis] Universidad Nacional. Mayor de San Marcos. Lima, Peru 1962

Professor Carlos F. Quiros (Expert of Botanical Studies University of California)

The specialist of Maca is focused on sex is due to the natural active ingredient within Maca which could increase sexual appetite and fertility. Maca is now a health supplement product which could commonly found in any health store and pharmacy. Maca is also effective in increasing the metabolism system and improving the memory power, combat fatigue, prevent anemia ...etc. All of which related to the regulation of the Hormone secretion.

Excerpt: Maca Andean roots, Maca and Yaco'n. Hermann M. Heller J (Eda). Promoting conservation and use of underutilized and neglected crops. 21. Rome (Italy) 1997

Professor Yu Long Jiang (Hua Tiong Science University and Technical Institute, Expert on Maca Research)

Maca started to be well known in the 20th century, early 90s. When research experts tried to find a substitute for Viagra, they discovered this plant with effective function of improving the internal energy. Historical records shows that Maca consumed by the people of South America since 5800 years ago, was used traditionally to strengthen the body, improved fertility, combats anxiety and stress, prevents and treats anemia.

Excerpt: Report on Maca as plant science and medical function, research on nature and exploration. 2002

Calmarro Lawson, Casteral - Excerpt from Agriculture News Sept 1986

Maca is known for its functions in stimulating sexual appetite. A God gifted food with nutritional vales and medical functions for the natives in the mountainous ranges. Maca is the only medical plant which could grow at altitudes of 4000 meters.

Hallvert . Peirre - Excerpt from [Maca, Princess of Andes] 1986

In 1979 the research group from the health department made a study on the natives of the Andes Mountains found: 80% of the villagers never visited a clinic. It can be concluded that due to the continuous long term consumption of Maca by the villagers, they now have great health and strong body.

REPORTS ON MACA

- 1961 Biologist Gloria Chacon first announcement on the success of the Maca research was celebrated by all investors.
- 1992 United nations (Food & Agriculture) announced Maca as a very valuable nutritional supplement.
- 1992 International Research Institute "Source of Agricultural Heritage" records Maca within the list of rare plants.
- 1998 Continent Americas published a book about the use of plants as medical (Maca Peru) plants for treatment and nutrition.
- 2000 Choice of the International Association of Mountaineers.
- 2001 Food Department Authority and Medicines of United State approved the importation of Maca into the US market.
- 2001 Department of Ownership Right approved the extraction of effective formula from Maca.

Reactions After Consumption The Maca Oligo 10 - 20 days: 30 - 40 days: Fatique and dull condition Improved facial skin textures. clearly improves, not improved memory power, mental easily exhausted and can dullness and attention deficit sleep soundly. clearly improves, kidney pains reduces, and internal energies are rejuvenated. 60 - 120 days : The beneficial factors in phase 2 (30 - 40 days) is enhanced, ultimate improvement in health & 40 - 60 days: memory power, balanced emotions and physiological Skin becomes radiants and healthy, becoming stability since exhaustion is fully stronger and energetic, rested, increase overcome. Health increased to antibody for a stronger immunization system, a level where physiological immune to cold, increases internal energy, functions and physical condition combat exhaustion and increase sexual restored to age of 25. stamina.

Improved Alertness and Energy, Regulates Physiology Balancing, Restored You To YOUTH every day!

CUSTOMERS' TESTIMONIAL ABOUT THE PRODUCTS

MR. CHENG AGE: 54 BUSINESSMAN

The next day after my friend introduce Maca Oligo to me, I felt re—energized as if I was youn again! The natural effectiveness of Maca Oligo was very good. Now I take a packet daily and the most amazing, is that now my wife enjoys making love with me even more!

MR. KEN CHUAN AGE: 42 EXECUTIVE

Since I am very active in various physical sports and football, after years of falling, being knocked around but not taking care or having complete medical treatment, my knees are often in pain and I could not walk. After being referred the magical Maca Oligo treatment, I look it for 4 continuous days and my knees became better. After taking it for a whole week, I no longer feel pain when I play badminton! So Maca Oligo gives me full confidence, now whenever I meet my relatives, I will introduce to them this amazing product.

MISS TAN AGE: 30 MANAGER

Within 3 years after giving birth, I was often trouble by a foul smelling white excretion. After going through a medical examination, the diagnosis was that body weakness and work stress lead to unbalanced gland secretion and medication only gave temporary relief. After drinking Maca Oligo for 4 continuous days, the problem which plagued me disappeared. Additionally I could sleep soundly, reduced having to make nightly toilet trips and feeling fresh the next morning. Maca Oligo CY 2000 is incredible!

MR. LIM AGE: 48 BUSINESSMAN

My relatives who have taken Maca Oligo before introduced me this drink, since after exercise every time, my limbs will feel very cold, suffer muscular pains and jpint pains. I tried drinking 1 sachet a day, after only 2 days, my limbs no longer feel cold after exercise. In fact I feel very alert and my body became stronger.

MR. YAP AGE: 58 SUB - CONTRACTORS

Due to work stress, I felt very anxious and could only drive slowly making the other drivers very impatient. Also as I aged, my mental alertness and attention was not what ir used to be, so when driving I had to be more careful. It has been a long while since I overtook a car. After drinking Maca Oligo, now I feel very energetic until one day without realizing, I overtook a few cars at once. Wah!

MR. CHONG AGE: 36 BUSINESSMAN

Every day I must drink a cup of Maca Oligo especially before going to the gymnasium. I will be fully energized and will not feel exhausted even after a strenuous exercise at the gym.

MR. CHONG AGE: 42 BUSINESSMAN

Most middle aged people when aging will experience firstly a lack of enthusiasm for sex and then unable to do it. Maca Oligo makes me feel young again. Its natural content is effective for both men and women, so my wife also drinks Maca. Now I and my wife make love with passion instead of previously where we just routinely go through the motion. We truly enjoy it. Maca Oligo is the greatest!

MR. OOI AGE: 80 RETIREE

2 weeks after drinking Maca Oligo which was introduced to me by my nephew, I felt an effect. I thought my nephew introduced Viagra to me. After explanations then i just knew it was not Viagra but a food supplement. Within Maca Oligo there are various natural active ingredients. It has given my life a powerful new motive. Now Maca Oligo has made me feel very excited much better than last time when Loften felt tired

MADAM WONG AGE: 36 HOUSEWIFE

Due to imbalanced hormone secretion, it made my private parts became dry. I would feel pain when having sexual intercourse and I experienced a loss of sexual appetite. After drinking Maca Oligo in a few days, hormone secretions increased and my husband felt very satisfied.

Reactions After Drinking Maca Oligo

| Body's Reaction | Causes | Directions |
|--|---|---|
| Light fever and body heat | Increased blood circulation increases the body's metabolism. Additional heat is released to balance the body's temperature. | Drink in the morning and avoid drinking at night. Drink a lot of water |
| Fevers, stimulated, energized and wake up at night | Changing of excess body fat into energy | Drink in the morning and avoid drinking at night. Drink a lot of water |
| Stool excretion which are green and black | Fiber disposing of toxic waste which has been collecting in the colon | Drink daily, reduce heavy meals, and drink a lot of water |
| Flatulence, chest pains, nauseous | Weak digestive system or bloated | Continue drinking |
| Sleepy, limbs feeling tired | Acidic body and weak liver functions. Stress, too exhausted or taking too much medication | Drink every day, drink a lot of water. Reduced meat consumption and rest more |
| Dizzy, weak and always hungry | Those suffering from hypoglycemia or anemia may feel this. Blood sugar levels will reduce to burn excess fat | Drink after meals. Do not drink with an empty stomach |
| Diarrhea | Fiber is cleansing the body's toxin | Continue drinking |
| Cionstipation and fecal with blood | Hemorrhoids, lack of fiber, water or minerals in the body | Drink in the morning and avoid drinking at night. Drink a lot of water |
| Pimples, rashes, sweaty | Weak heart, excess toxins in the body | Continue drinking |
| Running nose, asthma | Smoking, weak respiration system | Continue drinking |
| Bloated face and legs, increase weight | Weak kidneys, heart and liver | Continue drinking |
| Limbs feeling numb, stiff | Weak blood circulation, lack of calcium in the body | Continue drinking |
| Open wounds feel more pain | Blood circulation increases to mend open wounds and infection | Continue drinking |



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